Midland Counties 5&7 Championships

High Harcourt Farm, Romsley

Saturday 21 November

Men's 7 Mile Race Individual Results

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:37:08	STOLBERG, John Phillip	BRAT	MSEN	60	1
2	0:38:09	MORRIS, Jonathan	Wolverhampton & Bilston	MSEN	153	2
3	0:39:04	NELSON, James	Tipton Harriers	MU23	138	3
4	0:39:46	RICHARDS, Harry	Notts AC	MU23	119	4
5	0:39:47	WATSON, Liam	Mansfield Harriers	MSEN	101	5
6	0:40:28	THOMAS, James	Halesowen AC&C	MSEN	90	6
7	0:40:56	AHMED, Alsadig	Notts AC	MSEN	113	7
8	0:41:05	PATTERSON, Chris	Mansfield Harriers	M40	100	8
9	0:41:44	WILLIAMSON, Jake	BRAT	MSEN	62	9
10	0:41:47	BROCKLEHURST, Henry	BRAT	MSEN	52	10
11	0:41:52	TAYLOR, Alex	Halesowen AC&C	MU19	89	11
12	0:42:04	WHEAT, Daniel	Mansfield Harriers	M40	103	12
13	0:42:13	POLLARD, Matthew	BRAT	M40	57	13
14	0:42:38	WATSON, Kristian	Mansfield Harriers	M40	102	14
15	0:42:41	ILLIDGE, Dylan	Tipton Harriers	MU23	136	15
16	0:42:50	BISSUEL, David	BRAT	MSEN	51	16
17	0:43:25	BUNN, Tom	BRAT	MSEN	53	17
18	0:43:27	BAILEY, Jan	Mansfield Harriers	M50	98	18
19	0:43:30	MEREDITH, Rob	Tipton Harriers	M40	137	19
20	0:43:39	SALMON-HODGES, Kane	Tipton Harriers	MU19	141	20
21	0:43:54	JONES, Owen	BRAT	M40	54	21
22	0:43:56	READ, Joe	BRAT	MSEN	58	22
23	0:44:15	ASHLEY, James	BRAT	MSEN	50	23
24	0:44:29	MARSON, Paul	TRX Wolves AC	M40	147	24
25	0:44:34	HOLDEN, Tom	Tipton Harriers	M40	135	25
26	0:44:49	REDDISH, William	Notts AC	MU17	118	26
27	0:45:00	NEAL, Lee	Halesowen AC&C	M40	84	27
28	0:45:06	FOSTER, Ben	TRX Wolves AC	M40	144	28
29	0:45:18	HERBERT, Matthew	Bournville Harriers	MSEN	64	29
30	0:45:31	WHITEHOUSE, Marti	Notts AC	M45	121	30
31	0:45:37	STUBBS, Leigh	Redhill Road Runners	M40	129	31
32	0:45:52	DODD, Oliver	Halesowen AC&C	MSEN	74	32
33	0:46:01	SANNWALD-DUNN, Robert	Wolverhampton & Bilston	M40	155	33
34	0:46:08	WERRETT, Tim	Tipton Harriers	M50	142	34
35	0:46:13	KELLY, Alex	TRX Wolves AC	MSEN	146	35
36	0:46:15	NOYCE, Will	Bromsgrove & Redditch	MSEN	68	36
37	0:46:19	MCILRAVEY, Adam	Bromsgrove & Redditch	MSEN	67	37
38	0:46:36	SPEAKE, Jack	Notts AC	MSEN	120	38
39	0:47:16	WORRALL, Gary	Wolverhampton & Bilston	M45	156	39
40	0:47:20	TANG, Jared	Bournville Harriers	MSEN	66	40
41	0:47:52	FOX, Jon	Holme Pierrepoint RC	M45	93	41
42	0:48:04	HOULT, James	Halesowen AC&C	MSEN	78	42
43	0:48:10	RUDGE, Christopher	Holme Pierrepoint RC	MSEN	96	43
44	0:48:46	O'REILLY, Andrew	Redhill Road Runners	M45	127	44
45	0:48:49	ROSE, Sean	BRAT	M55	59	45
46	0:49:35	GARRATT, Mark	Redhill Road Runners	M40	123	46
47	0:49:35	RUSSELL, Ben	Halesowen AC&C	M40	88	47
48	0:50:39	DAVIS, Mark	Redhill Road Runners	M45	122	48
49	0:50:48	ROGERS, Paul	Wolverhampton & Bilston	M60	154	49
50	0:50:53	PUGH, Samuel	Halesowen AC&C	MU19	87	50
51	0:50:59	GUY, Serge	TRX Wolves AC	MU23	145	51
52	0:51:38	NASH, Simon	Redhill Road Runners	M60	125	52
53	0:51:42	CHAPLIN, Paul	Notts AC	M50	115	53
54	0:51:44	LEWIS, David	Halesowen AC&C	M55	81	54
55	0:51:48	GELL, Brandon	Redhill Road Runners	MSEN	124	55
56	0:51:52	RICKHUSS, Adam	TRX Wolves AC	MSEN	149	56

57	0:52:18	EVANS, Richard	Holme Pierrepoint RC	M40	92	57
58	0:53:07	GRAINGE, Matthew	Holme Pierrepoint RC	M50	94	58
59	0:53:13	JONES, Huw	BRAT	M60	55	59
60	0:53:34	WARRILOW, Jake	TRX Wolves AC	MSEN	150	60
61	0:54:04	PEARSON, Stuart	BRAT	M55	56	61
62	0:54:45	NOCK, Bill	Halesowen AC&C	M60	86	62
63	0:54:57	WEBB, Craig	Northbrook AC	M55	112	63
64	0:55:17	MORGAN, Alex	Halesowen AC&C	M60	83	64
65	0:55:55	CAMPBELL, Christopher	Holme Pierrepoint RC	M40	91	65
66	0:56:27	RICHARDSON, Robert	Northbrook AC	M50	109	66
67	0:57:14	DEAN, Paul	Wolverhampton & Bilston	MSEN	151	67
68	0:58:01	CUDWORTH, Rick	Halesowen AC&C	M65	73	68
69	0:58:13	HADLEY, Mark	Halesowen AC&C	M60	77	69
70	0:58:32	COPELAND, Malcolm	Northbrook AC	M50	105	70
71	0:58:43	CARRUTHERS, Andy	Halesowen AC&C	M65	72	71
72	0:59:33	MORTON, Steve	Bournville Harriers	M65	65	72
73	1:00:11	SMITH, Chris	Northbrook AC	M50	110	73
74	1:00:56	GREEN, Joel	Tipton Harriers	M55	133	74
75	1:01:22	HINTON, Paul	Droitwich AC	M50	69	75
76	1:01:52	BLOUNT, Chris	Bournville Harriers	M40	63	76
77	1:03:40	MOYNIHAN, Terry	Northbrook AC	M55	107	77
78	1:03:48	EDWARDS, Rob	Wolverhampton & Bilston	M60	152	78
79	1:03:56	JONES, Rob	Halesowen AC&C	M45	80	79
80	1:05:15	BLADEN, Ben	Tipton Harriers	M40	132	80
81	1:06:55	MILLS, Rob	Sparkhill Harriers	M65	130	81
82	1:07:43	HOUSDEN, William	Droitwich AC	MSEN	70	82
83	1:07:46	HEATHCOCK, Laurence	Tipton Harriers	M55	134	83
84	1:08:26	POWNER, Dave	Droitwich AC	M50	71	84
85	1:08:44	JACKSON, David	Halesowen AC&C	M60	79	85
86	1:08:58	THOMPSON, Gary	Midland Masters AC	M65	104	86
87	1:12:42	WILSON, Myles	Tipton Harriers	M60	143	87
88	1:15:44	LOWE, Adrian	Northbrook AC	M40	106	88

There were 88 finishers in the Men's individual category.