

Jamie Sircom's

Newsround

As the days grow shorter, so does the length of this newsletter! Here's what's been happening at the club in December ...

CROSS COUNTRY ROUND-UP

Both men's and women's teams began the month in cross-country action at Stratford in the latest Midland League and Birmingham League meetings.

A 12-strong ladies team were led home by Lily Higgins who finished third overall and first junior in 27:16. Jackie Bradshaw in 33rd and Kerri James in 44th were first vets back with Simone Jones first senior in 46th.

The team are 11th in the League and will be fighting hard for a top ten finish when the League resumes in January.

18 men turned out for the club and were rewarded for their efforts by climbing from fourth place up to second in the League table.

Roger Mallard was first home in 18th in 39:10, closely followed by Adam Cross in 20th and Mateusz Sliwinski in 22nd.

The team are just 19 points clear of Knowle and Dorridge in third, but 84 points clear of Black Pear Joggers in fourth.

A strong performance and turnout for the final two meetings means promotion to Division One is on the cards, provided not too many of our team have overdone the turkey sandwiches and mince pies over Christmas!!

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WMYACCL

Our young athletes were back in WMYACCL action in the third meeting of the season at Perry Park.

Top performer was Cerys Brook who was fourth in the Under 11 Girls race. There were also top ten finishes for Amelia Hartshorn who was fifth in the Under 15 Girls and Sam Mannings who was tenth in the Under 15 Boys.

HORSE POWER and PARTY DRESSES



Champions Peter Dear and Steve Horton and the rest of the Halesowen go-karting crew!

Saturday December 8th was a busy day at the club, although the only running going on was of engines at a keenly contested afternoon of go-karting in Stourbridge.

Peter Dear made up for his recent fly-based accident by taking the chequered flag first along with team mate Steve Horton.

This was followed a couple of hours later by another successful Christmas party night at the club which lasted well into the small hours. Thanks go to Marion Bailey for organising such a fun and enjoyable evening.

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PARKRUN and ROAD

There were first finishes for Kristian Bayley at Arrow Valley event #337 and Jacob Moore at Steven Park junior parkrun event #12, six of our runners braved a tough and muddy run at Churchfields Farm near Droitwich and top tourist was Nigel Crompton who visited Hamilton Island parkrun in Australia!

Paul Allen was first Welsh M70 at the Old Father Time 5 mile race in Cardiff and Anna Cosimetti and Helen Attwood took part in the West Bromwich Harriers Winter Warmer race at Sandwell Valley.

BOXING DAY HANDICAP RACE

The traditional Boxing Day handicap race saw 51 Halesowen athletes compete in a 3 mile cross country course around the club grounds.

First across the line was Ryley Malone-Priest who finished 21 seconds ahead of Simone Jones with Ryley's sister Falan in third. Quickest around the course was Roger Mallard in 17:43 with Lily Higgins first female in 19:07.

JANUARY HIGHLIGHTS

It's a busy month of cross-country with Worcestershire and Midland Championship races, as well as the latest Birmingham League and Midland League events.

As always, keep up to date with the latest news on the website, check the Halesowen Athletics Club Facebook group and follow us on Twitter @HACCAthletics.

Up Owen!

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