

CODE OF CONDUCT FOR YOUNG ATHLETES

Athletes attend HACC to improve their techniques and performance.

When a coach speaks, athletes will listen and follow instructions. This allows all athletes to warm up and cool down properly, with the intention of avoiding injuries, and improving performance.

Athletes of all ages share the track with other groups. Listen to instructions carefully about which lane or area is to be used. If someone shouts “track” you may need to move quickly to the outer lanes. When passing someone, always give plenty of warning time. Say “track” and wait for the other person to move over, then continue in your lane

Do not stand on the track directly behind the throwing cage. This is not a safe area to stand around.

Do not cross the cycle track unless an adult tells you it is safe to do so.

We respect and encourage athletes of all abilities, and we do not criticise another person’s performance.

The use of headphones whilst training anywhere on the track or field is not allowed.

We do not allow bullying or unkind behaviour. Bullying can include unfriendly behaviour; pushing, hitting, kicking or other physical violence, name-calling and bad language (including racist and sexist language); teasing another person; spreading rumours.

We look after the track and the club. We place litter in the bin, (even if it is not our own) and return any equipment we use to the coaches.

ANY YOUNG PERSON WHO DOES NOT COMPLY WITH THIS CODE OF CONDUCT WILL BE SPOKEN TO ABOUT THEIR BEHAVIOUR.

POOR BEHAVIOUR WILL NOT BE TOLERATED BECAUSE IT SPOILS THE SESSION FOR EVERYONE, AND STOPS OTHERS FROM TRAINING PROPERLY

IF NECESSARY, A YOUNG ATHLETE'S PARENT OR CARER WILL BE SPOKEN TO, AND MAY BE ASKED TO ASSIST WITH ANY UNACCEPTABLE BEHAVIOUR.

AS A LAST RESORT, UNACCEPTABLE BEHAVIOUR CAN LEAD TO A TEMPORARY OR PERMANENT EXCLUSION FROM THE TRAINING SESSIONS.

HALESOWEN ATHLETIC SECTION COACHES

SEPTEMBER 2016