



Quadrathon 2018 Saturday 1st September

Provisional Timetable

12.00	Registration u11s (and others if present)
12.30	u11 Howlers and Long Jump – pools A and B
13.00	u11 70m races; number dependant on demand
13.00	u11 Howlers and Long Jump- pools B and A
13.30	u11 600m - 2 races
13.45	Registration over 11s
14.00	Over 11s Javelin and Long Jump- pools A and B
14.30	Over 11s 100m races- number dependant on demand
15.00	Over 11s Javelin and long Jump- pools B and A
15.30	Over 11s 800m- 2 races?
16.00	Other events on request
17.30	Club booked for a function, so please leave car spaces!

The timetable is flexible- e.g. if fewer athletes than expected pools will be combined. Track races may have to take place during field events. Medals will be presented at the Presentation Evening. All age group positions will be based on the Quadrathon.

This year, points will be allocated for positions in the various age groups but please remember **it is a fun event!** If the forecast 24 hours before is for persistent rain the event will be cancelled- please check social media.

Thanks,

Keith Perry

