

Interclub Trophy 2009

Venue : Halesowen

100m A.Naylor (Sev-J) 11.3, J.Gifford (Hal-J) 11.6, S.Prosser (Hal-J) 11.8, M.Stephens (Sev-U17) 11.9

100m R.Hyde (HalV35) 12.4, A.Loyd (Hal) 13.0, E.Barnett (RSC-v40) 13.2
100m C.Penn (Hal) 13.5, T.Bowen (Hal) 14.5, W.Nock (Hal v45) 16.4

200m A.Naylor (Sev) 23.6, J.Gifford (Hal)24.3, A.Lloyd (Hal) 27.8, W.Nock (Hal)31.9

200m R.Hyde (Hal) 25.7, M.Humphries (Sev-U17) 26.5, E.Barnett (RSC) 27.0, C.Penn(Hal) 27.5

400m. J.Gifford (Hal) 53.7, M.Turner (Hal-V35) 54.1, M.Humphries (Sev) 57.9,
A.Thrall (Sev U-15) 58.4

400m C.Penn (Hal) 57.8, A.Lloyd (Hal) 63.7, W.Nock (Hal) 66.6

800m J.Lynch (B'Field) 2:05.0, O.Holden (Hal) 2:05.3, C.Penn (Hal) 2:08.4,
M-P.Davies (Hal-U17) 2:11.3, M.Thrall (Sev-U15) 2:12.4, O.Starkey (Sev-U17)2:20.8,W.Nock 2:24.0, B.Sharkey (Hal-U13Girl) 2:47.3

1500m H.Brown (Hal-U15) 4:15.5, B.Nock (Hal) 4:34.1, C.Penn (Hal) 4:42.7,T.Bowen (Hal) 4:50.0, T.Rankin (Hal-U15) 4:51.1,O.Starkey 4:52.7.

Long Jump R.Hyde (Hal) 5.74, M.Hayward (Hal) 5.55, S.Prosser (Hal) 5.46,
M.Humphries (Sev) 5.02, O.Starkey (Sev) 4.05

Triple Jump M.Hayward (Hal) 11.22, M.Humphries (Sev) 10.34, S.Proser 10.32,A.Thrall (Sev) 7.41

High Jump M.Hayward (Hal) 1.65, A.Lloyd (Hal) 1.40, G.Winter (SevJ)1.40,
A.Thrall (Sev) 1.30, T.Bowen (Hal) 1.30

Javelin R.Woodhall (Dash) 53.81, R.Hyde (Hal) 40.13,G.Winter (Sev) 39.88,
J.Heinfield 39.72, M.Fox (Stoke-V45) 37.42, M.Hayward (Hal) 34.93,
T.Compton (Sev-U17) 25.81
700gram N.Fox (Stoke-U17) 27.86

Discus G. Winter (Sev-J) 40.18, R.Woodhall (Dash)38.29, R.Hyde (Hal) 37.83,M.Hayward (Hal) 29.44, T.Compton (Sev-U17) 27.69

1.75kg G.Winter (Sev) 48.29, T
1.5kg N.Fox (Stoke-U17) 49.93, T.Compton (Sev) 33.58

Shot R.Woodhall (Dash) 12.95, G.Winter(Sev) 12.27, R.Hyde(Hal) 11.13,
T.Compton (sev) 8.94, M.Hayward (Hal) 8.33
6KG G.Winter(Sev) 14.08,
5Kg N.Fox (Stoke) 14.26, T.Compton (Sev) 10.73

Hammer W.Powell (Sev-v35) 55.65 ,R.Woodhall (Dash) 39.30, R.Hyde
(Hal)36.30, G.Winter (Sev) 28.18, M.Hayward (Hal) 21.59
C.Dempsey (Hal-Ladies) 31.33