

MIDLAND VETERANS TRACK & FIELD LEAGUE 2010

Team Managers

Men - Alan Smallwood

Women - Joanne Smallwood

Contact Details:

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MEETING 1				MEETING 2			
Track	Thursday, 13 May	Stourport	Track	Thursday, 3 June	Redditch		
Time	Event	Age Groups	Time	Event	Age Groups		
1900	100m	W35,40,50,60	M35,40,50,60	1900	200m	W35,40,50,60	M35,40,50,60
1935	2000m W	W35,40	M40 60	1935	800m		M35,40,50
2005	400m		M35,40,50	1950	800m	W35,40,50	
2015	400m	W35,40,60		2005	2000m W	W35,50	M35,50
2035	1500m		M35,40	2025	3000m	W35,40,60	
2045	1500m	W35,40		2040	3000m		M35,40,60
2055	1500m	W50	M60	2100	4 x 400m	Relay	Men
2105	4 x 200m	Relay	Men	2105	4 x 400m	Relay	Women
2110	4 x 200m	Relay	Women				
	Field				Field		
1900	Hammer		M50	1900	Triple Jump	W35	M60
1935	Hammer		M35	1900	Javelin		M40
1925	High Jump	W35, 50		1915	High Jump	W40	
1935	Shot	W50	M60	1945	Javelin	W60	M60
2000	Javelin	W50		1945	High Jump		M40
2005	High Jump		M35,50	2000	Long Jump	W50	M50
2020	Shot	W40		2015	Shot		M35
2030	Triple Jump		M35	2030	Discus	W40	M50
2030	Javelin		M35				
MEETING 3				MEETING 4			
Track	Wednesday 7 July	Dudley	Track	Thursday 5 August	Worcester		
Time	Event	Age Groups	Time	Event	Age Groups		
1900	100m	W35,40,50,60	M35,40,50,60	1900	200m	W35,40,50,60	M35,40,50,60
1935	2000m W	W40,60	M35,60	1935	800m		M35,40,60
2005	400m		M35,40,60	1950	800m	W35,40,60	
2015	400m	W35,40,50		2005	2000m W	W35,50	M40,50
2035	1500m		M35,40,50	2025	3000m		M35,40,50
2045	1500m	W35,40,60		2045	3000m	W35,40,50	
2105	Medley	Relay	Men	2105	4 x 100m	Relay	Men
2110	Medley	Relay	Women	2110	4 x 100m	Relay	Women
	Field				Field		
1900	Pole Vault	opening height 1.5m	M35 50	1900	Pole Vault		M40,60
1900	Hammer	W35,50		1900	Hammer		M60
1915	High Jump		M60	1900	Long Jump		M35
1915	Long Jump	W40		1915	Shot	W35,60	
1945	Discus		M35	1930	Discus	W50	
1945	Triple Jump	W50	M50	1930	Long Jump	W35,60	M35
2015	Shot		M50	2000	Javelin		M50
2030	Long Jump		M40	2015	Long Jump		M60
2030	Discus	W35	M60	2035	Shot		M40
				2035	Javelin	W35	

Please can you complete the form below identifying your availability and the events you would like to be considered for and return to Alan &

Joanne: 7 Ripple Road, Droitwich Spa, Worcestershire WR9 8RJ



Name:(Please Print)

Age: _____ **Date of Birth** _____

England No: _____

Contact Details: H: _____

Mobile: _____

E-mail: _____

Availability:	Date	Venue	Available
<i>Meeting 1</i>	<i>Thursday, 13 May</i>	<i>Stourport</i>	Yes/No
		<i>Abbey Stadium</i>	
<i>Meeting 2</i>	<i>Thursday, 3 June</i>	<i>Redditch</i>	Yes/No
		<i>The Dell</i>	
<i>Meeting 3</i>	<i>Wednesday, 7 July</i>	<i>Dudley</i>	Yes/No
		<i>Nunnery Wood Std</i>	
<i>Meeting 4</i>	<i>Thursday, 5 August</i>	<i>Worcester</i>	Yes/No

Event/s you would like to be considered for:

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