

**WORCESTERSHIRE AAA TRACK & FIELD COUNTY CHAMPIONSHIPS**

**Saturday 8<sup>th</sup> May 2010 at Nunnery Wood, WORCESTER**

**Events**

Jnr, Snr & Vet Men:

100.200.400.800.1500.3000.2000sc 100H.400H. 3000W. HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 17 Men:

100.200.400.800.1500.3000.1500sc.100H.400H.3000W.HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 15 Boys: 100.200.400.800.1500.3000.80H.3000W.HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 13 Boys: 100.200.800. HJ.LJ.SP.JT.

Jnr, Snr & Vet Women:

100.200.400.800.1500.3000.100H.400H.3000W. HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 17 Women: 100.200.300.800.1500.3000. 80H.300H. 3000W.

HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 15 Girls: 100.200.800.1500. 75H. 3000W. HJ.LJ.SP.DT.JT.

Under 13 Girls: 100.200.800. HJ.LJ.SP.JT.

Similar events will be run concurrently. In line with County rules, events with less than two entries will not be held.

**U15s are not allowed to compete in more than one event between 600m & 3000m inclusive on the same day (UK-A rule 107)**

**U13s & U15s may compete in three events only on the same day, U17s four events. (UK-A rule 107)**

All athletes must be qualified to compete in the County Championships by Residence (R) Birth (B) or Rules relating to HM Forces/University. (UK-A Rule 9)

Athletes can only compete in one County's Championships in a calendar year.

**Entry Fees**

**£3.00 first event, £1 for each subsequent event – Closing date Friday 23<sup>th</sup> April.**

**Entries To**

**WCAAA T & F, 90 Gower Road, Halesowen, B62 9BT**

**Cheques & Postal Orders only, [payable to WCAAA] Queries – 0121 422 3156**

**ENCLOSE – 9 x 6 S.A.E. - for timetable, numbers and directions to the venue.**

**Please ensure that you put the correct postage on the envelope**

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**WORCESTERSHIRE AAA CHAMPIONSHIPS**

**ENTRY FORM**

**First name.....Surname..... Male / Female**

**Club.....**

**Address.....**

.....

.....**Post Code.....Tel no.....**

**Date of birth ...../...../..... Age group entered.....**

**Qualification.....(Birth – B, or Residence – R)**

**Event(s) 1 \_\_\_\_\_ PB \_\_\_\_\_ 2 \_\_\_\_\_ PB \_\_\_\_\_**

**3 \_\_\_\_\_ PB \_\_\_\_\_ 4 \_\_\_\_\_ PB \_\_\_\_\_**

**\_\_\_\_\_ PB \_\_\_\_\_**

**Fee enclosed.....**

**Age groups:**

**U13**, competitors are aged 12 or 12 on 31<sup>st</sup> August 2010.

**U15**, competitors are aged 13 or 14 on 31<sup>st</sup> August 2010.

**U/17**, competitors are aged 15 or 16 on 31<sup>st</sup> August 2010.

**U/20, (Jnr)** must be under 20 on 31<sup>st</sup> December 2010.